

## Week 3

### Day 7

How will alcohol or marijuana affect your;

- Ability to process information critical for driving?
- Judgement needed while driving?
- Fine motor skills used to drive?

What constitutes a standard drink of:

- Hard liquor
- Beer
- Wine

Why is it difficult to determine a standard dose of marijuana?

On average, how long does it take for the body to process 1 standard drink

What determines a person's level of impairment?

Why can't we tell how long it will take the body to process marijuana?

What is BAC and how can police test BAC Levels?

What BAC level will result in a driver being;

- Probably impaired?
- Impaired?
- Legally Drunk?

What 2 factors does a person control that will affect their BAC Level?

Why does drinking on an empty stomach result in a person becoming drunk faster?

At what rate do most people process alcohol?

Why does it take ½ - 2 hours for the BAC level to start to drop after a person stops drinking?

How soon after drinking alcohol can a person be too impaired to drive?

If a person was buzzed from drinking, how long can it take for a person to sober up enough to drive unimpaired?

What impact will drinking before at 15 have on the risk of a person having problems with alcohol later in life?

Alcohol is often a factor in what 3 causes of death for teens?

What is binge drinking?

What are common consequences of binge drinking?

When is a person's license suspended when they are arrested for driving under the influence?

Where must a person carry an open container of alcohol while driving?

What happens if your passenger has an open container of alcohol with them in your car?

What are the legal BAC limits for drivers over and under 21?

What consequences might a person face with a MIP Conviction?+

If there is alcohol or drugs in the car, who can be charged with MIP?

If associated with a crash that causes substantial injury or death, what 3 factors could result in a vehicular assault or homicide charge?

What is one common action sober drivers do that could result in a vehicular assault or homicide charge?

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What is one common action sober drivers do that could result in a vehicular assault or homicide charge?

After alcohol, what drug is most often involved in a car crash?

What is the legal limit for drivers 21 and older?

What is the legal limit for drivers under 21?

Why can a driver under 21 have small amount alcohol in the blood but no THC?

How long should a person avoid driving after:

- Getting buzzed on Alcohol
- Smoking or Vaping Marijuana
- Eating marijuana

What is the impact of combining alcohol and marijuana

What is the risk of becoming addicted to marijuana if a person starts using it before age 18?

What legal issues could a driver face if they gave a ride to a friend who is in possession of marijuana?

How many drivers admit to falling asleep while driving in a 30-day period?

What are the early signs a driver may becoming tired/drowsy?

Why is it important for drivers to recognize and act on the early signs they are getting tired?

#### Day 8

What 3 aspects of our personality influence our actions and choices?

What are the 2 basic belief systems that influence many of our driving decisions?

What forms the foundations of these belief systems?

When odds are low and risks are high, what do people base their decision on?

When odds are high and risks are low, what do people base their decision on?

What is the difference between a public and private space?

What makes your car a public space?

How can multiple events during our day affect our driving decisions?

How much does the risk of a teen driver dying in a car crash increase:

- With 1 friend in the car?
- With 2 friends in the car?
- With 3 or more friends in the car?

What 6 factors will contribute to a person saying yes to a high-risk suggestion from friend(s)?

#### Day 9

What are the 3 forms of distracted driving?

What age group of drivers are most likely to be involved in a fatal crash related to distracted driving?

Why aren't fear and strong emotions good long-term motivators?

Fear and strong emotions will have many drivers making better decision in the short-term, what do you need to do to convert the short-term decision into long-term actions?

What two choices do you have if you want to avoid using your phone while driving?

Which of these choices is most likely to be successful?

What are some driving prep clues you could use to remind you to use your safe driving app, silence your phone, or turn off your phone?

Who, besides yourself, could share the risks of your driving decisions?

What are some common ways young drivers cope with boredom while driving?

How can you reduce boredom using active scanning?

What music choices increase the risk of a new driver making a driving mistake?

What type of music reduces the number of driving mistakes.

How will you use the 3 parts of a merge lane to safely enter freeway traffic?

How can you create and maintain space when driving on a freeway with light to moderate traffic?

What should your minimum following distance be (If traffic will allow) when driving at typical freeway speeds?

Why is it important to create more following distance when driving at higher speeds?